

HEALTH, PHYSICAL EDUCATION AND RECREATION, A.S.

Length: Four Semesters

This program is designed to give the student a basic foundation of course work needed to transfer to a four-year college or university to work toward a baccalaureate degree in either a specialized or general physical education curriculum.

NOTES

* You must complete a sequence of literature OR a sequence of history, (i.e. you either need to take two literature classes and one history OR two history classes and one literature class). Literature and history classes do not have to be taken in sequence; in other words, the lower number class does not have to be taken first.

- If the literature sequence is not chosen, the students must choose 6 SH of Humanities electives from the following programs: ART, MUS, REL, PHL, THR, or Foreign Language.
- If the history sequence is not chosen, the students must choose 6 SH of Social Science electives from the following programs: ANT, ECO, GEO, POL, PSY or SOC.

* Placement in MTH112 is based on test scores. See your adviser to determine which math class you need to take. If you did not place into MTH112, ask your adviser to help you develop a modified academic map.

* Placement in ENG101 is based on test scores. See your adviser to determine which English you need to take. If you did not place into ENG101, ask your adviser help you develop a modified academic map.

* Students should consult their transfer institution or the STARS templates at www.coastalalabama.edu. See an academic advisor for assistance.

Program: Physical Education

Type: A.S.

SEMESTER ONE

Item #	Title	Credits
ORI 101 1	Orientation to College	
ENG 101 3	English Composition I	
MTH 112 3	Precalculus Algebra	
PED 200 3	Foundations of Physical Education	
BIO 103 4	Principles of Biology I	
3	History Elective	
17	Sub-Total Credits	

SEMESTER TWO

Item #	Title	Credits
ENG 102 3	English Composition II	
3	SPH 106 or SPH 107	
3	HED 221 or HED 224	
BIO 104 4	Principles of Biology II	
3	Humanities Elective (3 SH)	
16	Sub-Total Credits	

SEMESTER THREE

Item #	Title	Credits
3	History Elective	
BIO 201 4	Human Anatomy and Physiology I	
3	Humanities Elective (3 SH)	
3	ART 100, MUS 101, THR 120, or THR 126	
1	PED Elective (1 SH)	
14	Sub-Total Credits	

COMPLETE GRADUATION APPLICATION

Click [here](#) to complete the graduation application and begin the process of a review of your degree plan before your final semester.

SEMESTER FOUR

Item #	Title	Credits
3	History Elective	
HED 231 3	First Aid	
BIO 202 4	Human Anatomy and Physiology II	
3	Humanities Elective (3 SH)	
1	PED Elective (1 SH)	
14	Sub-Total Credits	

Total credits:

61